



Wednesday, October 21, 2026  
The Lannin, 1899 Hempstead Turnpike, East Meadow, NY

**Agenda**

*Subject to Change*

|                         |                                                                                                                                                                                                                             |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 7:45 a.m. – 8:30 a.m.   | <b>Registration</b><br>Continental Breakfast, vendor area open                                                                                                                                                              |
| 8:30 a.m. – 8:40 a.m.   | <b>Welcome and Opening Remarks</b><br>Tommaso Addona, MD, FACS, <i>President, New York Plastic Surgical Group</i>                                                                                                           |
| 8:40 a.m. – 9:10 a.m.   | <b>Nourish, Move, Thrive: Supporting Health Through Breast Cancer and Beyond</b><br>Wendy Kaplan, MS, RDN, CSO, CDCES CDN, <i>Director of Ambulatory Nutrition, Sodexo at NYC Health + Hospitals/Lincoln</i>                |
| 9:10 a.m. – 9:40 a.m.   | <b>GL-P1 Drugs and Breast Cancer: Science Safety, and Solutions</b><br>Ruth Oratz, MD, <i>Clinical Professor of Medicine, NYU Grossman School of Medicine and Medical Oncologist, NYU Perlmutter Cancer Center New York</i> |
| 9:40 a.m. – 9:50 a.m.   | <b>Survivor Story</b><br>Meta Miller                                                                                                                                                                                        |
| 9:50 a.m. – 10:30 a.m.  | <b>Clinical Panel Discussion: Breast Reconstruction</b><br><i>The Physicians at New York Plastic Surgical Group</i>                                                                                                         |
| 10:30 a.m. – 11:00 a.m. | <b>Break/Vendor Expo</b>                                                                                                                                                                                                    |
| 11:00 a.m. – 11:30 a.m. | <b>The Breast Cancer Journey: From Diagnosis to Recovery</b><br>Lori Saunders, RN, OCN, NC-BC, ONN-CG & Jaime LaMarca, LCSW, <i>Surgical Oncology &amp; Oncology, Mount Sinai South Nassau</i>                              |
| 11:30 a.m. – 12:00 p.m. | <b>The Evolution of Breast Cancer Screening</b><br><b>Mammography • MRI • Risk Assessment • Artificial Intelligence</b><br>Barry R. Morgenstern, MD, <i>Lenox Hill Radiology</i>                                            |
| 12:00 p.m. – 12:30 p.m. | <b>Keynote Speaker</b><br>Sara Sidner, <i>CNN Anchor &amp; Senior National Correspondent Breast Cancer Survivor and Advocate</i>                                                                                            |
| 12:30 p.m. – 12:35 p.m. | <b>Closing Remarks</b>                                                                                                                                                                                                      |
| 12:35 p.m. – 1:00 p.m.  | <b>Networking   Vendor Expo Open</b>                                                                                                                                                                                        |

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